

# SIMPLE, ALL NATURAL SKIN CARE ROUTINE

@jordyjeann

EVERY MORNING AND NIGHT

- + WASH FACE WITH THE YOUNG LIVING CHARCOAL BAR SOAP (FORMULATED FOR SKIN PURIFYING)
- + MOISTURIZE WITH DIY GLOW SERUM
- + USE A JADE OR QUARTZ ROLLER ON YOUR FACE TO PROMOTE LYMPHATIC DRAINAGE AND DECREASE PUFFINESS



ABOUT TWO-THREE TIMES A WEEK,  
EXFOLIATE WITH AN EXFOLIATING MIT  
OR YOUNG LIVING SATIN MINT FACIAL SCRUB.

## GLOW SERUM DIY

- + CHOOSE 3-4 OILS FOR YOUR PERFECT COMBO
- + ADD 10 DROPS OF EACH TO A 2 OZ DROPPER BOTTLE
- + FILL THE REST OF THE BOTTLE WITH JOJOBA OIL
- + APPLY TO A FRESHLY CLEANED FACE